



## Parents Unstructured Play Guide

\$ YLGHR UHFRUGLQJ LV DYDLODEOH RW R HWH PXSQXGQ\RWXURXIF W K H HEGH \$ \RXU FKLOGUHQ DW KRPH GXULQQ LWK LWRVHFLWHDVO VWKFHK R\RLQ HWRP H

### Effective Recess Rules:

- x , QVLGH LI RYHU f ) ³KHDW LQGH[KLROO O RWZHLPS HMKDDQX UJH V ³Z
- x \$OORZ FKLOGUHQ WR VHOI GLUHFW SOD\
- x /HW FKLOGUHQ FKRRVH

### Effective Play Items Outdoors

- x 0XVLF WR GDQFH WR
- x 3RWV DQG SDQV XWHQVLOV VPDOO KLEDFKL WSH JULOO
- x 2GGV HQGV WRRDV QXWV EROWV WRBOO ZRRG ERDUGV
- x 3ODVWLW FRQQHFWLQJ SLSHV SLHFHV
- x 3XSSHVV VRFN SXSSHVV DUH D JUHDW RSWLRQ
- x \$UW LWHPV FRORULQJ ZLWK FUD\RQV DQG SDSHU LV ILQH
- x &ORWKLQJ KDWV VKRHV HWF 0x %XEEOHTE'1ĐÀ€ -XPS U
- x 6DQGER[ VDQG VKRYHOV VFRRSV
- x 0HVK )ULVEHHV
- x 3DGGOH EDOO
- x &UDZO WKURXJK WXQQHOV
- x %XFNHWW

### Effective Play Items Indoors

- x 0DQ\ RI WKH LWHPV DERYH
- x 3OD\GRXJK
- x /HJRV LQGRRUV
- x %XLOGLQJ EORFNV

### Please refrain from the following:

- x )RUPDO UXOHV RU VWUXFWXUHG JDPHVRWXXDKUQVJERBWG JD P
- x %DOOV WKLV DOVR LQWURGXFHV VWUXFWXUH
- x 7HFKQRORJ\ RI DQ\ NLQG
- x %RRNV WR UHDG